

Course No. 2044

PMO Maturity Assessment & Capability Development Training Course

PMO MANAGEMENT & DEVELOPMENT
PROJECT MANAGEMENT & PMO

DURATION

5 Days

DELIVERY

Classroom



Course Overview

The PMO Maturity Assessment & Capability Development Training Course provides a comprehensive and practical framework for assessing PMO maturity, evaluating current capabilities, identifying organizational gaps, and developing a structured roadmap for performance improvement. The programme focuses on connecting PMO maturity with the organization's ability to achieve strategic objectives and improve project, programme, and portfolio outcomes.

The course examines the key dimensions of PMO maturity, including governance, methodologies, processes, portfolio management, resource management, risk management, reporting, performance measurement, competencies, knowledge management, and technology enablement. Participants will learn how to design systematic maturity assessments using evidence, performance indicators, interviews, and analysis of current practices.

Particular emphasis is placed on identifying gaps between the current and target maturity levels, prioritizing development initiatives, and building the organizational, technical, and professional capabilities required to improve PMO performance. The programme also addresses competency development, process standardization, governance enhancement, reporting quality, and decision-support capabilities.

Through practical exercises and case studies, participants will develop the ability to conduct a structured PMO maturity assessment and translate assessment findings into a phased capability development plan, including priorities, initiatives, performance indicators, implementation milestones, and continuous improvement mechanisms.

Objectives

- By the end of this training course, participants will be able to:
- Analyze the concept and key dimensions of PMO maturity.
- Assess the current maturity level of a PMO.
- Identify PMO maturity assessment areas and measurement indicators.
- Design a structured methodology for assessing PMO capabilities.
- Collect and analyze evidence required for maturity assessment.

- Evaluate the effectiveness of PMO governance, methodologies, and processes.
- Assess project, programme, and portfolio management capabilities.
- Evaluate PMO resources, competencies, and organizational capabilities.
- Assess reporting, performance measurement, and decision-support effectiveness.
- Identify gaps between current and target PMO maturity levels.
- Prioritize PMO capability development initiatives.
- Develop professional and organizational capability-building programmes.
- Design a phased roadmap for improving PMO maturity.
- Establish indicators for measuring capability development results.
- Apply continuous improvement mechanisms to advance PMO maturity.
- Prepare an integrated PMO maturity assessment and capability development strategy.

Who Should Attend

This course is designed for PMO managers, PMO directors, project managers, programme managers, portfolio managers, project governance professionals, and organizational capability development specialists responsible for assessing and developing PMO performance.

It is also suitable for executives, strategy and transformation managers, operations managers, performance management professionals, quality and risk specialists, human resources professionals, and organizational development specialists involved in building organizational capabilities and improving project performance.

The programme is particularly relevant to organizations seeking to assess, restructure, or enhance their PMO capabilities, including government entities, ministries, banks, financial institutions, oil and gas companies, engineering and construction organizations, manufacturing, energy, technology, telecommunications, healthcare, and large corporations.

Learning Outcomes

- Upon completion of the course, participants will be able to:
- Define PMO maturity levels and their core characteristics.
- Apply a practical framework for assessing PMO maturity.

- Design tools and criteria for evaluating current PMO capabilities.
- Collect and analyze evidence supporting PMO maturity assessments.
- Evaluate governance, policies, standards, and methodologies.
- Assess project, programme, and portfolio management processes.
- Analyze PMO roles, competencies, resources, and organizational capabilities.
- Evaluate risk management, reporting, resource management, and performance practices.
- Identify capability gaps, weaknesses, and development opportunities.
- Establish an appropriate target maturity level for the PMO.
- Develop clear priorities for PMO capability development initiatives.
- Design competency development plans for PMO professionals.
- Develop a structured roadmap for improving PMO maturity.
- Establish performance indicators for monitoring development initiatives.
- Apply periodic assessment and continuous improvement mechanisms.
- Produce an integrated PMO capability and maturity development plan.

Course Outline

DAY 01

PMO Maturity Concepts and Assessment Framework

- Fundamentals of PMO maturity
- Importance of organizational maturity assessment
- PMO maturity levels and development stages
- Dimensions of PMO maturity
- Governance, methodologies, and processes
- Project, programme, and portfolio management capabilities
- Resource and competency management
- Reporting and performance measurement
- Knowledge management and technology enablement

PRACTICAL APPLICATION

Defining PMO maturity assessment dimensions for an organization

DAY 02

Assessing Current PMO Capabilities and Practices

- Designing a PMO maturity assessment methodology
- Evidence and data collection techniques
- Interviews, questionnaires, and assessment workshops
- Evaluating PMO policies, standards, and methodologies
- Assessing project management processes
- Evaluating governance and decision-making authority
- Assessing programme and portfolio management capabilities
- Evaluating risk, issue, and change management
- Assessing reporting and performance indicators

PRACTICAL APPLICATION

Conducting an initial PMO capability assessment and analyzing the results

DAY 03

Gap Analysis and Target Maturity Development

- Analyzing PMO maturity assessment results
- Identifying strengths and improvement areas
- Current-state versus target-state gap analysis
- Identifying root causes of capability and performance gaps
- Defining the target PMO maturity level
- Comparing current capabilities with future requirements
- Prioritizing gaps based on impact and organizational importance
- Identifying high-priority development initiatives
- Developing a PMO capability gap matrix

PRACTICAL APPLICATION

Preparing a comprehensive PMO maturity and capability gap assessment

DAY 04

Capability Development and PMO Improvement Roadmap

- Designing a PMO capability development strategy
- Building professional and technical capabilities
- Developing competencies, roles, and responsibilities
- Improving PMO methodologies and processes
- Strengthening governance and project controls
- Enhancing reporting, analytics, and decision support
- Knowledge management and lessons learned
- Technology enablement and digital PMO development
- Defining development initiatives, phases, and priorities

PRACTICAL APPLICATION

Developing a PMO maturity and capability development roadmap

DAY 05

Progress Measurement and Continuous Improvement

- PMO maturity measurement indicators
- Performance indicators for capability development initiatives
- Measuring the impact of PMO development on project performance
- Periodic PMO maturity assessments
- Change management and adoption of improved practices
- Sustaining organizational capabilities
- Benchmarking and identification of improvement opportunities
- Continuous improvement of PMO processes and methodologies
- Long-term PMO maturity development planning
- Final Integrated Workshop: Developing a comprehensive PMO Maturity Assessment & Capability Development Framework covering assessment methodology, gap analysis, target maturity, development initiatives, implementation roadmap, performance indicators, and continuous improvement



Register or Request More Information

Course page: <https://quest-training.com/courses/pmo-maturity-assessment-capability-development-training-course>

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